Oxford Senior Center Newsletter
November 2026



A very special THANK YOU to all of our members for your support and patience over the past year. Wishing you all a very Happy Holi-day!

MaryAnn

Joe is Retiring

It's official, our beloved transportation driver Joe is retiring on Dec 1.

We wish him the best in his new adventures

We will be CLOSED

Wed Nov 11; Thur Nov 26 & Fri Nov 27.

Closing EARLY Wed Nov 25 @ 12:00

Now Accepting MC and Visa

MEMBERSHIP RENEWAL

We will begin membership renewal for 2027 on November 1.

Membership at the Senior Center is based on calendar year and effective January 1 through December 31. Membership fees are $10 for Oxford Residents and $20 for non-residents. Fees are waived for Oxford residents 80 years or older and all veterans regardless of residence. In order to attend events hosted by the Senior Center your membership is required to be active and dues up to date. If you are a **Gold** member or **Veteran** and wish to **renew please call** and let us know. **Membership does not auto-renew.**

For up to date information visit our website:

oxfordseniorcenter.org

HAIR BY DONNA

In time for the Holidays

Additional Dates

October thru December

What's Happening….

LIVE MUSIC



Enjoy a morning of live music with
Local Duo
Two of a Kind
Nov 3 @ 11:30

Spellbound Acoustic

Live Music With
Billy Rae

Thur Nov 12 @ 11:00

Flanders Nature Center Presents

CT Wildlife
Nov 23 @ 11:30
An enlightening talk on wildlife in our area accompanied by trail cam footage



Tree Identification
Nov 30 @ 11:30
Ever wonder what's growing in your yard?
Join Flanders for a presentation on Tree ID.



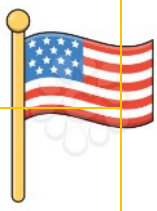
Sign up requested for each event

JUKE BOX BINGO IS BACK!

DJ Aaron from Pryme Tyme is back for an afternoon of fun. **$5.00** per person



NOV 17
1:30– 3:30
Sign up is required.



Veterans Celebration
Tuesday Nov 10 @ 12:00

Local Veteran and beloved member Hank Rotzal will be joining us for a brief presentation before lunch to Celebrate all of our Veterans.
Thank you for your Service!

ART CLASSES

Draw Along with Me
Nov 5 @ 10:00
Join local artist Megan Jefferey for a a guided how to draw class.
$5.00 Limit 20

Framed Art
Nov 9 @ 11:00
Join Annie in making a stained glass art foil art picture.
$2.00 Limit 10

Art with Heart
Nov 2 & Nov 16 @ 10:30
Join Theresa for an inspirational water color class.

Paint with Sophia
Nov 23 @ 11:00

Meals and Munchies

Sloppy Joes

Tues Nov 3 @ 12:30

$5.00

Classic Sloppy Joe sandwich consisting of ground beef and onions in a tomato-based sauce served on a hamburger bun. Served with salad and chips.

Deadline for sign up Oct 29

Soup and Salad

Tues Nov 10 @ 12:30

$5.00

Creamy potato soup with cheddar cheese and bacon crumbles. Served with salad and bread.

Deadline to sign up Nov 5

12:00 Veterans Celebration

Chicken Pot Pie

Tues Nov 17 @ 12:30

$5.00

Marie Callender chicken pot pie served with salad

Deadline for sign up Nov 12

Hot Turkey Sandwich

Tues Nov 24 @ 12:30

$5.00

Deli turkey served hot over thick white bread with gravy. Served with cole slaw and homemade cranberry sauce

Deadline for sign up Nov 19

Penne Alla Vodka

Tues Dec 1 @ 12:30

$5.00

Penne alla vodka served with salad and garlic bread

Deadline for sign up Oct 22

Hotdogs will be served on Thursdays:

Nov 5, 12, 19

@ 12:30

Please sign up if attending

$4.00

Thanksgiving Luncheon



Mon Nov 16 @ 12:30

At OXFORD HOUSE TAVERN



$38.00

Buffet Lunch: Turkey, Mashed Potatoes, Stuffing, Veggie and Dessert.

Coffe,Tea, Soda and Gratuity included.

Cash Bar. Limit 50 people.

Deadline for sign up Nov 2

Exercise Programs

Flex, Fit, Fun & Weights
Mondays @ 10:30 AM

Join Certified Fitness Instructor Bobbi Komaromi for a 45-minute fun filled class that will leave you feeling happy, healthy and renewed! This class incorporates weights, bands, balls and balance! All levels welcome, work at your own pace!

$2.00 per class

Yoga with Jeanne

Tuesdays at 9:30 AM

Join Jeanne for a relaxing, rejuvenating Yoga class. Yoga is known to increase flexibility, decrease stress, relax the mind, as well as alleviate chronic pain.

Cost of class is $5 and paid to the instructor at time of class.

Strength & Fitness with Bobbi
with weights
Wednesdays @ 10:30 AM

This is a fun filled musical class that combines stretching and fitness variations, as well as low impact cardio moves to burn calories and improve balance.

$2.00 per class

Tai Chi

Fridays @ 11:20

Taught by Theresa Waldron, PhD.

Start with a full body warm up , then move through balance exercises that also raise your heart rate while activating your core and mind.

$2.00 per class

Daily Balance (No Charge)

Monday- 11:20 (15 min)

Tuesday- 10:30 (15 min)

Wednesday -9:45 (35 min)

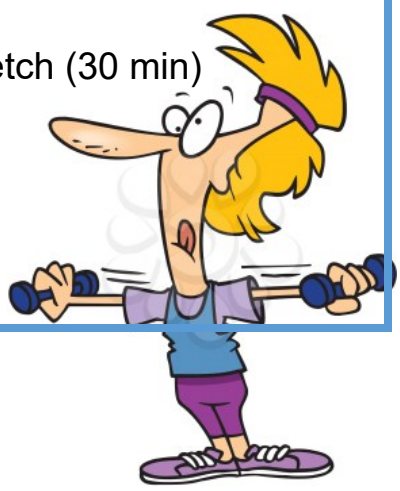
Thursday – 9:30 (35 min)

Friday – 10:30 (15 min)

Work on your balance with Curtis Adams. Daily video classes

Video Classes (No Charge)

Monday 11:40—Standing Cardio
Tue 10:45– Indoor Walking (45 min)
Tue 1:45-Resistance Bands Chair (40 min)
Thur 10:00 - Indoor Walking (45 min)
Fri 9:15 - Zumba
Fri 10:45 - Chair Stretch (30 min)



This and That

Hiking Group

The next group hike is scheduled for
Nov 16
At 10:00 am
Sleeping Giant State Park
200 Mt Carmel Ave, Hamden CT
The path is wide and well travelled. Pack a lunch or snack.
Sign Up to receive text confirmations

Book Club

The Little Paris Bookshop by Nina George

Meeting: Tues Nov 24 @ 1:00

Sign up required for book count

Join the Rod Squad

Fishing Club

Meeting Wed Nov 18 @ 12:00

For up to date location and information on group outings check the Clubs page on the oxfordseniorcenter.org website.

Join Griffin Hospital

AGE WELL SERIES

Nov 12 @ 1:30 pm

Please sign up if attending

Veterans Affairs
A representative will be on site to assist members
Nov 24
10:00 - 3:00

VISIT with the Oxford Middle School
Join the OMS kids here at the center for fun and games
Nov 19
11:45-1:15
Sign up required

Ugly Sweater Luncheon

Dig out your ugliest sweater and get ready for some fun.
Thur Dec 17
12:30-1:30
Soup and Sandwich
$5.00

Wreath Decorating w/ Flanders
Mon Dec 14
11:30—1:30
$22.00
Includes all supplies.
Limit 20 ppl

Holiday Party

Testos in Monroe

Dec 3rd 11:30 pm - 3:30 pm

Family Style Menu : Bread, Garden Salad, Penne Alla Vodka, Chicken Francaise, Roast Beef with Gravy, Potato, Vegetable, and Dessert.

Coffee, Tea and Soda included. Cash Bar.

$45.00 per person

Sign up required.

Payment due at sign up.



This and That

The next **Elderly Commission Meeting** will take place on Nov 10 at 9:30.

Tech with Jess

2nd Wednesday from 11—12 pm

Jessica will be available to tackle your tech problems. Please bring all devices, passwords, etc. so that Jessica can assist you with your questions.

Please sign up for this workshop so Jessica can plan accordingly.

You can also make an appointment to see Jessica at the Oxford Public library!

The Joy of Music

Classes on Tuesdays at 2:00 PM

The Joy of Music takes place weekly in the Senior Center Library. New participants are welcome. Teachers Marion and Peter Van Ness will help students learn how to read basic music notation and how to play simple tunes on a keyboard. Marion and Peter conclude each session by playing a tune on the piano and recorder and by inviting participants to sing along with provided lyrics. Please come and experience the joy of music!

Hair By Donna

Haircuts available at the Senior Center the **first and last Tuesday** of each month.

You must be a member to schedule an appointment.

Payment made to Donna directly**.**

Haircuts are $10 each

Additional Dates: October—December 3rd Tuesdays!

For anyone unable to make it to the center Donna is available for in home services.
Call for appointments and pricing 203-929-5341

OSC Merchandise for Sale

Show your support!

We have our Cook books and T-shirts for sale at the front desk.

Proceeds will be used towards programs and meals at the center.

Cookbooks $20

T-shirts $20

Mahjong

Mondays @ 12:30

New players are welcome to join

Men's Poker

Wednesdays and Fridays @ 11:00

Ladies Poker

Thursdays @ 1:00

Happy Hookers

Mondays @1:00 pm

Quilting Guild

Wednesdays @ 1:00 pm



Bingo is held every Wednesday at 1:00 pm.

$2.00 for 6 cards

Apples to Apples

Tuesday Oct 13 @ 1:30

Don Mayers leads the group with a delightful game of Apples to Apples

Winners will receive OSC coupons

Draw Along with Me

Nov 5 @ 10:00

Join local artist Megan Jefferey for a a guided how to draw class.

$5.00

Limit 20

Paint with Sophia

Nov 23 @ 11:00am

Pick your favorite printed canvas and join us for a relaxing hour of creativity.

Art with Heart

Nov 2 & Nov 16 @ 10:30

Join our Tai Chi instructor Theresa for a short empowering presentation followed by an expressive watercolor painting.

Sign up required

Friday Movie Afternoons

Join us for some all time classics Fridays @ 1:00

Nov 6 –Grumpy Old Men (Jack Lemmon, Walter Matthau)

Nov 13 –Planes, Trains and Automobiles(Steve Martin, John Candy)

Nov 20-Charlie Brown Thanksgiving! (animated)

Upcoming Dates to Note:

Thanksgiving @ Oxford Tavern-Nov 16

Christmas Party @ Testos - Dec 3

Ocean State Shopping Trip– Dec 15



SUNSHINE UPDATES

If you want someone to be remembered, please call the Senior Center and leave a message for Laura Pizone. She will send well wishes from the OSC Membership.

November Birthdays

Haislip, Mary	Nov 01
Struwas, Judy	Nov 01
Belinsky, Evelyn	Nov 01
Rogalis, Joseph	Nov 02
Vialotti, Maureen	Nov 02
Steckert, Debora	Nov 02
Czujak, Marge	Nov 02
Lisee, Jack	Nov 03
Norton, Hubert	Nov 03
Debish, Mary	Nov 03
Laezzo, Barbara	Nov 04
Anderson, Gary	Nov 04
Felner, Geraldine	Nov 05
Rajczewski, Eileen	Nov 05
George, Albert	Nov 05
Pelatowski, Ed	Nov 05
Cody, Patricia	Nov 05
Hughes, Rosemary	Nov 07
Madhani, Marjorie	Nov 08
Ovesny, Ruth	Nov 08
Guglielmo, Sandra	Nov 08
Cohen, Janice	Nov 09
Parsons, Noreen	Nov 09
Gregorio, Frank	Nov 09
Potter, Regina	Nov 09
Haney, Robert	Nov 10
D'Amaro, Philomena	Nov 11
Giancarli, Elizabeth	Nov 12
Oko, Karen	Nov 12
Brozek, Allan	Nov 12
Krick, Steven	Nov 12
Roberts, Richmond	Nov 12
Rossetti, Marilyn	Nov 12
Guardiano, Anthony	Nov 13
Warhola, John	Nov 13
Sorrentino, Dominick	Nov 13
Sriubas, Richard	Nov 15
Fullman, Carol	Nov 15
Butler, Shari	Nov 15
Seyler, Edith	Nov 16
De Fazio, Anthony	Nov 16
Zammiello, Mary Jane	Nov 16
Fitzgerald, Marjorie	Nov 17
Hummel, Charles	Nov 17
Caterino, Nancy	Nov 17
Bonito, Ron	Nov 17
Rios, Marilyn	Nov 17
MacEachern, Mary	Nov 18
Conklin, Ora	Nov 19
Bloxam, Tom	Nov 20
Lower, Betty	Nov 20
DePino, Carol	Nov 20
Gray, Lorraine	Nov 21
Zuraw, Michael	Nov 21
Rossi, Cathy	Nov 21
Hill, Donna	Nov 21
Flaherty, Rebecca	Nov 22
Miner, Don	Nov 22
Boskello, Dolores	Nov 22
Pope, Janice	Nov 22
MacKinney, Kate	Nov 23
Dana, Patricia	Nov 24
Schidat, Karin	Nov 25
Hastava, Gerald	Nov 25
Laput, Dianne	Nov 25
Savage, Ella	Nov 26
Kindle, Marion	Nov 27
Pizone, Laura	Nov 28
Dempsey, Loretta	Nov 29
DelToro, Ann	Nov 29
Brokaw, Carol	Nov 29

Upcoming Trips…..

Date	Details	Cost Per Person
Nov 17	Branson Country Christmas and Veterans Show	$139
Dec 1	Lyndhurst Mansion TarryTown, NY & lunch at the Old '76 House	$160
Dec 8	A Very Soulful Christmas	$143

Coming up in 2027

Date	Details	Cost Per Person
March 18-19	All About Billy Joel Tribute Show— Atlantic City	$248 dbl / $308 single
June 15-17	Berkshire Mountain Getaway	$549 dbl / $699 single
Oct 4-7	Niagara Falls	$617 dbl/ $752 single

Also in the works for 2027: Mackinac Island with Collette Tours; Ellis Island / Statue of Liberty; Sabino Boat Cruise /Mystic CT. Details to follow

- All trips are open to the general public.
- Membership and Oxford residency is not required.
- Payment by check is due upon sign up.
- Trips depart from 10 Old Church Rd.
- Flyers are available for all trips. For more information please contact the senior center at 203-881-5231



Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
10:30 Flex & Fit **10:30 Art w/ Heart** 11:20 Short Balance 11:40 Video Exercise 12:30 Mahjong 1:00 Happy Hookers	9:30 Yoga 10:00 Hair by Donna 10:30 Short Balance 10:45 Indoor Walking **11:30 Live Music** 12:30 Luncheon 1:45 Chair Resistance 2:00 Joy of Music	9:00 Quarry Walk 9:30 Better Balance 10:30 Strength & Fit 11:00 Tech w/ Jess 11:00 Men's Poker **1:00 BINGO** 1:00 Quilting Guild	9:30 Better Balance 10:00 Indoor Walking **10:00 Draw w/ Me** 12:30 Hot Dog Luncheon 1:00 Ladies Poker 1:00 Dominoes	9:15 Zumba 10:30 Short Balance 10:45 Chair Stretch 11:00 Men's Poker 11:20 Tai Chi 12:00 Pinochle **1:00 Movie**
9	**10**	**11**	**12**	**13**
10:30 Flex & Fit 11:00 Quarry Walk **11:00 Framed Art** 11:20 Short Balance 11:40 Video Exercise 12:30 Mahjong 1:00 Happy Hookers	9:00 Dancing Feet 9:30 Yoga **9:30 Comm Meeting** 10:30 Short Balance 10:45 Indoor Walking 11:30 Apples 2 Apples 12:00 Veterans 12:30 Luncheon 1:45 Chair Resistance 2:00 Joy of Music	**CLOSED**	9:30 Better Balance 10:00 Indoor Walking **11:00 Live Music** 12:30 Hot Dog Luncheon 1:00 Ladies Poker 1:00 Dominoes 1:30 Griffin Hosp Age Well	9:15 Zumba 10:30 Short Balance 10:45 Chair Stretch 11:00 Men's Poker 11:20 Tai Chi 12:00 Pinochle **1:00 Movie**
16	**17**	**18**	**19**	**20**
10:30 Flex & Fit **10:30 Art w/ Heart** 11:00 Quarry Walk 11:20 Short Balance 11:40 Video Exercise **12:00 Oxford House Holiday Lunch** 12:30 Mahjong 1:00 Happy Hookers	9:30 Yoga 10:00 Hair by Donna 10:30 Short Balance 10:45 Indoor Walking 12:30 Luncheon **1:30 Jukebox Bingo** 1:45 Chair Resistance 2:00 Joy of Music	9:00 Quarry Walk 9:30 Better Balance 10:30 Strength & Fit 11:00 Men's Poker 12:00 Fishing Club **1:00 BINGO** 1:00 Quilting Guild	9:30 Better Balance 10:00 Indoor Walking **11:45 OMS VISIT** 12:30 Hot Dog Luncheon 1:00 Ladies Poker 1:00 Dominoes	9:15 Zumba 10:30 Short Balance 10:45 Chair Stretch 11:00 Men's Poker 11:20 Tai Chi 12:00 Pinochle **1:00 Movie**
23	**24**	**25**	**26**	**27**
10:30 Flex & Fit 11:00 Quarry Walk **11:00 Paint w/ Sophia** 11:20 Short Balance **11:30 CT Wildlife** 11:40 Video Exercise 12:30 Mahjong 1:00 Happy Hookers	9:30 Yoga 10:00 Hair by Donna **10:00 VA on site** 10:30 Short Balance 10:45 Indoor Walking 12:30 Luncheon 1:00 Book Club 1:45 Chair Resistance 2:00 Joy of Music	**CLOSING AT NOON**	**CLOSED** **HAPPY THANKS-GIVING!**	**CLOSED**
30	**1**	**2**	**3**	**4**
11:00 Quarry Walk 10:30 Flex & Fit **11:30 Tree ID** 11:20 Short Balance 11:40 Video Exercise 12:30 Mahjong 1:00 Happy Hookers	9:30 Yoga 10:30 Hair by Donna 10:30 Short Balance 10:45 Indoor Walking 12:30 Luncheon 1:45 Chair Resistance 2:00 Joy of Music	9:00 Quarry Walk 9:30 Better Balance 10:30 Strength & Fit 11:00 Men's Poker **1:00 BINGO** 1:00 Quilting Guild	**OSC Center CLOSED** **HOLIDAY PARTY AT TESTOS**	9:15 Zumba 10:30 Short Balance 10:45 Chair Stretch 11:00 Men's Poker 11:20 Tai Chi 12:00 Pinochle

November

TRANSPORTATION SERVICES



****If you need a ride to a medical appointment call Sandy Brown (Community Car) at 203-881-0406. If the Community Car is not available, then call the Oxford Senior Center.**

DIAL–A-RIDE TRANSPORTATION:

For Oxford seniors and disabled residents only. We will do our best to accommodate you. However, time, destination and vehicle availability may affect our ability to meet your needs.

*Our transportation service is available for Oxford residents over the age of 60 or disabled adult residents who **ARE UNABLE** to drive and do not have a family member available to drive them. We have 2 handicap accessible vehicles and can provide rides for medical appointments, shopping, and other needs **(subject to availability).***

We offer transportation services Monday - Thursday with scheduled pick-up times beginning at 9:00 AM and the last available pick-up time at approximately 3:00 PM, depending on the area.

To allow staff to manage the schedules, reservations are required at least 10 days in advance for medical appointments and 5 days for transportation to the center by calling the transportation line at 203-881-5231 x 3101 or emailing transport@oxford-ct.gov. Please leave a detailed message with your name, phone number and email address, the date and time of your appointment, approximate length of appointment, destination with address and if you require a handicap accessible vehicle.

PLEASE DO NOT LEAVE ANY SAME DAY CANCELLATIONS ON THE TRANSPORTATION LINE.
DIAL "O" FOR THE CENTER RECEPTIONIST.



DID YOU KNOW…..The OSC has a medical loan shed on site!!!

If you are in need of items please contact the receptionist at 203-881-5231 for more information regarding rentals and donations. **You will need to schedule an appointment to pick up any items.** The cost is free, we just ask that you return the item when you are done so that someone else may have the opportunity to borrow the item. We also have adult products available free of charge.

We are currently not accepting donations at this time as our shed is full.

Municipal Agent Ellen Fox

The Municipal Agent for the Elderly Program was established in 1972 by the Connecticut State Legislature in order to assure that elderly persons in each of Connecticut's 169 towns have an officially appointed town representative for the elderly. Municipal Agents assist the elderly by providing information and referral services, distributing information, assisting them in learning about community resources, and helping them apply for benefits. **Please call Ellen for any inquiries on resources within our area ~ 203-888-2543 ext. 3020**

SENIOR CENTER INFORMATION

Who's Who at the Center:

Director:
Mary Ann McAuliffe

Assistant Director:
Sophia Morales

Office Assistants:
Kelly Weymer (morning)
Kim Mitchell (afternoon)

Drivers:
Joe Bongiorno, Michael Alberti, Peg Hamila, Mike Eisenbach and Jessica Morosko

A warm welcome Sue Galian and Carol Gliford who have graciously volunteered to help at the front desk Mon—Thur.

10 Old Church Road
Monday - Thursday 9:00 AM - 3:30 PM
Fridays 9:00 AM - 3:00 PM
203-881-5231
www.oxfordseniorcenter.org

SHOPPING SCHEDULE:

With the increase in shoppers we are going to try to modify the schedule. There will be two trips to Quarry Walk weekly. Shoppers can **choose 1 trip per week**.

You must call to reserve your spot.

You may choose one of the following:

Monday @ 11:00 or Wednesday @ 9:00

Pick up times will vary depending on who's attending

The last Thursday of the month we take a trip to Walmart @ 1:00

All are welcome to join,

sign up is required.

Reminder: Each residence is limited to a maximum of 3 bags.



November Shopping Changes

With the Holiday schedule falling on shopping day we will be modifying the schedule for November.

There will be **2 trips** on **Mon Nov 23rd** at 11 am & 1:00 pm

There will be **no shopping** trip

on **Wed Nov 25**

Holiday Shopping trip to Ocean State is scheduled for Dec 15